Soul Food



"Find the thing that stirs your heart and make room for it. Like is about the development of self to the point of unbridled joy" - Joan Chittister

WEEKLY WORD

Worship and the Arts

This Sunday, Buckingham member Cheryl Gagne preaches a moving story out of her and her partner's experience with Alzheimer's. Rev. Lindsey leads the other elements of service. We share in communion. Charity sings a solo, and the first incarnation of the vocal ensemble lifts our spirits in song. Come and worship.

Calling all Musicians: Now that Charity Clark is on board as our new Vocal Music Leader, we have established a schedule of Sunday worship music offerings. Charity will lead ensembles on the first and third Sundays of the month and Faith Journey will provide music on the second Sunday. That leaves the fourth (and sometimes the fifth) Sundays open for other music opportunities. Don't hide your talent under a basket; share with us. We are putting together a list of potential musicians If you would like to contribute to Sunday worship by singing or playing your instrument, talk to Debbie Sweet or email her at wzrdovoz@sbcglobal.net. Rich is available to accompany your selection(s).

Children and Youth

This Superbowl Sunday is SuperSOUL Sunday in Young People's Worship! Football-themed activities help us explore our God energy inside. We also celebrate communion with our families and faith community. Hope you can join us!

Spiritual Formation

Bible Study Thursday am with Rev. Lindsey, no prep needed. @ The church. This week: Gospel of Mark

JANUARY 28, 2015 "Experiencing God Together, An Interactive Worship" scheduled for tonight has been postponed to the 4th Wednesday in February - February 25th, 6:00-7:30. Mark your calendars. All ages welcome to this worship service in fellowship hall where we will engage the senses as an avenue of God's presence with us and tune in to feel God's presence through music, movement, stillness and play.

Fun and Fellowship

Rev. Lindsey will be taking a break from her regular Wednesday Daybreak hours until spring. You are welcome to call Lindsey at church 860-633-7992, or email <u>revlindseypeterson@gmail.com</u> if there is something you want to talk about or if you'd like to find a time to meet in person. Rev. Lindsey is also facilitating a Bible Study on Thursdays for the next few weeks from 11am to 12pm, to which you are invited. It is a good opportunity to reflect together and build relationships.

Get out of the house and sing! This Thursday, 7-9pm in the sanctuary, singers of all experience levels are invited to an evening of singing with Charity Clark, Buckingham's Vocal Music Leader. Questions? Contact Charity at <u>buckinghammusic@bcc.necoxmail.com</u>

Ministries of Care and Justice

MACC Food Pantry: In the run-up to the Souperbowl, excitement is building around the NFL (Needed Food List). Please get into the game by buying something on special this week and bringing it to worship on Sunday: the line-up includes cereal, peanut butter, low-sodium canned soups, spaghetti, pasta, tuna. Tackle the problem--help end hunger.

Boston Mission Trip: Have you saved the dates? March 13 and 14 for the Boston Mission Trip.

Heads Up! Hartford: June 19 through 26 for Heads Up! Hartford

Caring Ministry: At times, church members may be in need of meals while they are in the process of healing. Anyone willing to provide a meal should fill out a Caring Ministry Volunteer Form (available in the narthex) and place it in the Caring Ministry box also in the narthex.

Leadership

Deacons meet 2/4 at 6:30 pm

16 Cricket Lane, Glastonbury, CT * 860-633-7992 Rev. Lindsey Peterson, Pastor: <u>revlindsey@bcc.necoxmail.com</u> Susan Betz, Office Administrator: <u>buckinghamchurch@bcc.necoxmail.com</u> Sue Fisher, Director of Christian Education: <u>buckinghamkids@bcc.necoxmail.com</u> Rich Prario, Music Director: <u>prentis@mindspring.com</u> Charity Clark, Vocal Music Leader: <u>buckinghammusic@bcc.necoxmail.com</u>