



Soul Food

“When the Soul wants to experience something she throws out an image in front of her and then steps into it.”

– Meister Eckhart

WEEKLY WORD



Neither snow nor sleet nor freezing temperatures could keep Dan Nelson and Eimy Acevedo from hosting a Mardi Gras coffee hour, and we are most grateful to them for doing so!

Worship and the Arts

Poetry for the Journey: Each week during Lent we'll share a visual reading of a poem to help carry you along your life and faith journey. Here's your first one <https://vimeo.com/119816888> (ctrl click to follow link) Click on the first video “The Guest House” in the upper left corner. Enjoy!

Instead of figuring out what's for dinner tonight and watching TV, come eat pizza and play at church. Interactive worship tonight, 6-7:30. All ages invited.

We will be carried in spirit during Sunday's worship by the Vocal Ensemble as we journey through Lent and ponder what spiritual goals might be.

Children and Youth

Third time is certain to be the charm for our "Exit Epiphany/Leap into Lent" Young People's Worship! Thank you for your patience through the church snow cancellation and Mrs. Fisher's sickness. Good thing Lent is 40 days long so we have lots of time to learn! Hope to see you tonight--and Sunday!

Spiritual Formation

Having a little battle between head and heart when it comes to your faith? Looking for help in understanding how you connect to Christianity? Read "The Heart of Christianity" by Marcus Borg at your own pace, check in to www.wordintheworld.weebly.com for guides as you read, and join for dinner party discussion on March 20th!

Fun and Fellowship

Sing and make friends...join the Vocal Music Ensemble. Rehearsal tomorrow night, 7-9pm in the sanctuary.

Ministries of Care and Justice

During the season of Lent, please consider taking action in some of the following ways to help others who may be wandering in their own wilderness:

- 1. Join us on a very special Boston Mission Trip that will help hundreds of people get nourishment they need to survive while we learn about justice, compassion, and help assuage our own hunger:** We depart from church on Friday, March 13 at 4:15 pm and return on Saturday March 14 at about 5 pm. We have 10 people signed up. ***We could use 6 more.*** Please see Fred Dudley or call or email him if you are interested.
- 2. Participate in the One Great Hour of Sharing (OGHS) Collection by giving a monetary donation on Sunday, March 15.** OGHS helps fund the UCC's worldwide disaster relief efforts. In conjunction and collaboration with other denominations and existing partnerships, the funds from OGHS mean that **you** can be on site at natural disasters like the typhoon in the Philippines in late 2013 or the tornados in Kansas in 2014--often before the TV news gets there. And more importantly, long after the TV news team has left. Through OGHS, children have clothes, elders have food, and church congregations like ours have an immediate purpose. OGHS helps ensure ministries are active in communities for the long term, remaining present as communities are rebuilt. ***Please give generously on March 15 or before. Envelopes will be in the bulletin next week. Make checks out to Buckingham with "OGHS" in the memo section. Thank you.***
- 3. Volunteer to serve at MACC Soup Kitchen: call or see Laura Rudolph, please.**
- 4. Help provide Hygiene Kits for Church World Service:** consisting of readily available, inexpensive items these kits are distributed during times of disaster all over the world. Collecting for these kits will begin early in Lent and continue throughout. Read more details next week.
- 5. Continue shopping for food for MACC each week as you get your own groceries.** Your favorite store always has specials--you might not pay any attention to them normally, but try looking closely this week: "I never eat canned veggies"--well, MACC families do. Or how about things like soap, detergent, diapers--none of which can be bought with food stamps. Please leave your offerings in the narthex.

6. Interested in Social Justice? Want to know how to put your concerns into action? Want to help Buckingham rev up its Social Justice activity? Please attend "Going Up River: Working for a Just Society": An initiative of the Connecticut Conference, UCC, Ministries of Justice and Witness, this training for clergy and lay leaders in the Hartford East Association is being held on Saturday March 14 in Mansfield. "This training is offered to support teams of local church members who wish to infuse more faith-based justice conversations, education, skills, and opportunities into their respective ministries and communities." Please see Lindsey for more information.

Leadership

Deacons meet next Wednesday night at 6:30 p.m.

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